

Bare Necessities

603-434-3031

Lamprobe Cosmetic Treatment Home Care Advice

After treatment with the Lamprobe, the area or areas cosmetically treated may feel irritated; and redness, as well as scabbing may form. Please follow the protocols below for home care:

1. **Make sure you do not pick at the scab; prematurely removing a scab may lead to infection, hyperpigmentation or scarring.** Picking and scratching your scabs can be tempting, especially if they begin to itch. But, these actions can cause new trauma and slow your recovery process. Picking your scabs can also increase your risk of developing an infection, causing swelling and pain.
2. If the cosmetically treated area is still irritated at the end of the night you can apply some anti-bacterial ointment or medicated powder. Keep the area dry for 24-48 hours following treatment.
3. When cleansing the face or showering, avoid using any products (including soap) on the area for 24-48 hours after treatment. Pat the area dry instead of rubbing to prevent removal of the scab.
4. Do not apply make-up on the cosmetically treated area for 24 hours following treatment.
5. Avoid direct sun exposure to the cosmetically treated area immediately following treatment.
6. Sun protection must be used daily.
7. **Do not use any other form of peeling (i.e. AHA, Retinol or Vitamin A) or bleaching products for at least 21 days.**

Esthetician's Instructions: _____

Please call with any concerns or questions you may have. We may recommend a follow-up appointment for three to four weeks after your initial treatment.

2. Keep your wound area moist

According to the [American Academy of Dermatology](#), keeping your [wounds moist](#) helps your skin heal and speeds your recovery. A dry wound quickly forms a scab and slows your ability to heal. Moistening your scabs or wounds can also stop your wound from getting bigger and prevent itchiness and scarring.

Dermatologists recommend applying [petroleum jelly](#) daily to keep your wound or scab moist.